



# Test Definition: HEXP

Iohexol, Plasma

## Overview

### Useful For

Determining glomerular filtration rate in plasma specimens

### Method Name

Liquid Chromatography Tandem Mass Spectrometry (LC-MS/MS)

### NY State Available

Yes

## Specimen

### Specimen Type

Plasma Heparin

### Specimen Required

**Supplies:** Sarstedt Aliquot Tube, 5 mL (T914)

**Collection Container/Tube:** Green top (heparin)

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

**Collection Instructions:** Centrifuge and aliquot plasma into a plastic vial.

### Forms

If not ordering electronically, complete, print, and send a [Renal Diagnostics Test Request](#) (T830) with the specimen.

### Specimen Minimum Volume

0.5 mL

### Reject Due To

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

### Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Plasma Heparin	Refrigerated (preferred)	7 days	
	Ambient	7 days	
	Frozen	35 days	

## Clinical & Interpretive

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**Clinical Information**

The assessment of glomerular filtration rate (GFR) is an important parameter of kidney function utilized by clinicians in the care of patients with varying kidney diseases, and for clinical research when precise assessment of kidney function is necessary. The GFR is the sum of all the filtration rates of the individual nephrons within the kidney and, as such, reflects the number of functioning nephrons.

Plasma concentrations of iohexol can be used for measurement of GFR through multiple plasma iohexol determinations following an intravenous bolus injection of iohexol (plasma disappearance) or following a continuous infusion (or subcutaneous injection) of iohexol when used in conjunction with urine iohexol determinations (urinary clearance; HEXU / Iohexol, Timed Collection, Urine).

**Reference Values**

Not applicable

**Interpretation**

Low glomerular filtration rate (GFR) values indicate abnormal kidney function, which may be either reversible/transient or irreversible/permanent. GFR tends to decline with age.

**Cautions**

A theoretical complication to injection of iodinated contrast media (one that has not been observed clinically to date) is the transient suppression of thyroid function in premature and newborn infants. Therefore, a sensitive thyrotropin test is suggested approximately 2 to 3 weeks after an iohexol clearance in that age group.

**Clinical Reference**

1. Brown SC, O'Reilly PH. Iohexol clearance for the determination of glomerular filtration rate in clinical practice: evidence for a new gold standard. *J Urol.* 1991;146:675-679
2. Gaspari F, Perico N, Ruggenti P, et al. Plasma clearance of nonradioactive iohexol as a measure of glomerular filtration rate. *J Am Soc Nephrol.* 1995;6:257-263
3. Schwartz GJ, Abraham AG, Furth SL, et al. Optimizing iohexol plasma disappearance curves to measure the glomerular filtration rate in children with chronic kidney disease. *Kidney Int.* 2010;77:65-71
4. Schmit DJ, Carroll LJ, Eckfeldt JH, Seegmiller JC. Verification of separate measurement procedures where analytical determinations influence the clinical interpretation of GFR: Iohexol quantitation by HPLC and LC-MS/MS. *Clin Biochem.* 2019;67:16-23
5. Seegmiller JC, Burns BE, Schinstock CA, Lieske JC, Larson TS. Discordance between iothalamate and iohexol urinary clearances. *Am J Kid Dis.* 2016;67(1):49-55

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**Performance****Method Description**

Blood specimens are obtained after subcutaneous injection of non-radiolabeled iohexol. Iohexol results are acquired via a liquid chromatography tandem mass spectrometry (LC-MS/MS) system. A ThermoFisher LX-2 Cohesive high-performance liquid chromatography system and an ABSciex 5500 MS/MS are used for analysis. (Seegmiller JC, Burns BE, Lieske JC, et al. Discordant glomerular filtration rate determinations between iothalamate and iohexol renal clearances. Poster presented at: Renal Week 2010. 43rd Annual Meeting of the American Society of Nephrology;

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November 16-21, 2010; Denver, CO)

**PDF Report**

No

**Day(s) Performed**

Monday through Friday

**Report Available**

3 to 4 days

**Specimen Retention Time**

7 days

**Performing Laboratory Location**

Mayo Clinic Laboratories - Rochester Main Campus

**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

**CPT Code Information**

82542

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
HEXP	Iohexol, P	93974-4

Result ID	Test Result Name	Result LOINC® Value
61713	Iohexol, P	93974-4