



# Test Definition: OXAZS

Oxazepam, Serum

## Overview

### Useful For

Assessing compliance

Monitoring for appropriate therapeutic level

Assessing oxazepam toxicity

### Method Name

Liquid Chromatography Tandem Mass Spectrometry (LC-MS/MS)

### NY State Available

Yes

## Specimen

### Specimen Type

Serum Red

### Specimen Required

**Supplies:** Sarstedt Aliquot Tube, 5 mL (T914)

**Collection Container/Tube:** Red top (Serum gel/SST are **not acceptable**)

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

**Collection Instructions:** Centrifuge and aliquot serum into a plastic vial.

### Specimen Minimum Volume

0.3 mL

### Reject Due To

|                 |    |
|-----------------|----|
| Gross hemolysis | OK |
| Gross lipemia   | OK |
| Gross icterus   | OK |

### Specimen Stability Information

| Specimen Type | Temperature              | Time    | Special Container |
|---------------|--------------------------|---------|-------------------|
| Serum Red     | Refrigerated (preferred) | 28 days |                   |

|  |         |         |  |
|--|---------|---------|--|
|  | Ambient | 28 days |  |
|  | Frozen  | 28 days |  |

## Clinical & Interpretive

### Clinical Information

Oxazepam is US Food and Drug Administration-approved for the management of anxiety disorders and is used to relieve anxiety, including that caused by alcohol withdrawal (symptoms may develop in people who stop drinking alcohol after drinking large amounts for an extended time). Oxazepam is in a class of medications called benzodiazepines. It works by slowing activity in the brain to allow for relaxation.

Oxazepam is metabolized by glucuronidation and has an intermediate half-life (approximately 4-16 hours) compared to other benzodiazepines. Common adverse effects include dizziness, headaches, somnolence and vertigo.

### Reference Values

Therapeutic concentrations

Oxazepam: 200-1500 ng/mL

Cutoff concentrations by liquid chromatography tandem mass spectrometry:

Oxazepam: 10 ng/mL

### Interpretation

Suggested therapeutic serum concentrations have been reported for oxazepam between 200 and 1500 ng/mL.

### Cautions

No significant cautionary statements

### Clinical Reference

1. Langman LJ, Bechtel LK, Holstege CP. Clinical toxicology. In: Rifai N, Chiu RWK, Young I, Burnham CAD, Wittwer CT, eds. Tietz Textbook of Laboratory Medicine. 7th ed. Elsevier; 2023:chap 43
2. Hiemke C, Bergemann N, Clement HW, et al. Consensus guidelines for therapeutic drug monitoring in neuropsychopharmacology: Update 2017. Pharmacopsychiatry. 2018;51(1-02):9-62
3. Baselt RC. Disposition of Toxic Drugs and Chemical in Man. 12th ed. Biomedical Publications; 2020

## Performance

### Method Description

The internal standard mixture containing chlordiazepoxide-d5, diazepam-d5, nordiazepam-d5, oxazepam-d5, and temazepam-d5 is added to serum samples, mixed and centrifuged. The supernatant is diluted and injected on a liquid chromatography tandem mass spectrometer.(Unpublished Mayo method)

### PDF Report

No

**Day(s) Performed**

Wednesday

**Report Available**

3 to 7 days

**Specimen Retention Time**

14 days

**Performing Laboratory Location**

Mayo Clinic Laboratories - Rochester Superior Drive

**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

**CPT Code Information**

80299

**LOINC® Information**

| Test ID | Test Order Name | Order LOINC® Value |
|---------|-----------------|--------------------|
| OXAZS   | Oxazepam, S     | 3886-9             |

| Result ID | Test Result Name | Result LOINC® Value |
|-----------|------------------|---------------------|
| 623016    | Oxazepam         | 3886-9              |