



# Test Definition: FGHRH

Growth Hormone-Releasing Hormone (GH-RH, also known as GHRF or GRF)

## Overview

### Method Name

Direct Enzyme Immunoassay (EIA)

### NY State Available

No

## Specimen

### Specimen Type

Serum

### Specimen Required

**Patient preparation:** Patient should not be on any medications that may influence pituitary secretion.

**Specimen Type:** Serum

#### Collection Container/Tube:

**Preferred:** Red top

**Acceptable:** SST

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 3 mL Serum

#### Collection Instructions:

1. Centrifuge as soon as possible and aliquot 3 mL of serum into a plastic vial.
2. Freeze specimen immediately after separation.
3. Send frozen.

### Specimen Minimum Volume

Serum: 1 mL

### Reject Due To

Gross hemolysis	Reject
Gross lipemia	Reject
Gross icterus	Reject

### Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Serum	Frozen	180 days	

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**Clinical & Interpretive****Clinical Information**

Refer to [www.interscienceinstitute.com/individual-assays/](http://www.interscienceinstitute.com/individual-assays/)

**Reference Values**

5-18 pg/mL

**Performance****PDF Report**

Referral

**Day(s) Performed**

Monday through Friday

**Report Available**

12 to 14 days

**Performing Laboratory Location**

Inter Science Institute

**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test has not been cleared or approved by the US Food and Drug Administration.

This test was developed and its performance characteristics determined by Inter Science Institute. Values obtained with different methods, laboratories, or kits cannot be used interchangeably with the results on this report. The results cannot be interpreted as absolute evidence of the presence or absence of malignant disease.

**CPT Code Information**

83520

**LOINC® Information**

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Test ID	Test Order Name	Order LOINC® Value
FGHRH	Growth Hormone Releasing Hormone	Not Provided

Result ID	Test Result Name	Result LOINC® Value
FGHRH	Growth Hormone Releasing Hormone	14177-0